

SAMPLE OF BLUEBIRD'S DAILY ROUTINE

Below is an example of our daily routine in our preschool (3-4yrs) room. This is modified in an age-appropriate way for each room in the nursery and is always flexible. See sample below.

8.00 am – 9.00 am	AM Self Registration
	Breakfast and Free Play
9.00 am – 11.00am	Welcome Song & Circle Time
	Free- play.
	Garden time
	Adult led activity – story time, nursery rhymes, Intervention Group work etc.
	Snack and Nappies
11.00 am – 11.30am	8-11am session ends
	Lunch Time
	11.30am session starts
11.30 am –12.00pm	Sleepers Go Up
	PM Self Registration
	Garden Time (weather permitting) or Physical Indoor Activity for 11.30am session
12.00pm – 2.00pm	Welcome Song & Circle Time
	Free- play
	Adult led activity – story time, nursery rhymes, Intervention Group work etc
2.00pm -2.30pm	Snack and Nappies
	11.30pm session ends
	Sleepers Back to their rooms
3.00 pm	3pm session arrives
3.00 pm – 4.00pm	PM Self Registration
	Welcome Song & Circle Time
	Free play
	Adult led activity – story time, nursery rhymes, Intervention Group Work etc.
4.00 pm – 4.45 pm	Teatime
	Snack Time (3-6pm session)
5.00pm – 5.45 pm	Garden Time (weather permitting) or Indoor Physical Activity
5.45 pm – 6.00 pm	Evening Story time and tidy up