

NURSERY MENU

Week 1

		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast		Choice of Cereal Weetabix, Rice Krispies, Cheerios, Corn flakes with Milk				
		Toast with butter or jam served with whole milk to drink				
Morning Snack		Rice Cake with butter & Jam Selection of Fruit	Grapes & Pineapples	Cheese thins & Apple	Carrot Cucumber Cherry Tomatoes & Dip	Pretzels Cream Cheese Dip & Celery Sticks
Lunch	Meat and Fish based	Meatballs in Tomato Sauce Spaghetti Pasta served with Roasted Vegetables	Chicken Cous Cous Served with Herby Roasted Potatoes Sweetcorn & Gravy	Vegetable Curry & Rice served with Naan Breads	Pasta Bolognese served with Garlic Bread	Homemade Fish Cakes served with mixed veg & Gravy
	Meat and fish free	Quorn Meatballs in Gravy Spaghetti Pasta served with Roasted Vegetables	Quorn Chicken Cous Cous Herby Roasted Potatoes, Sweetcorn Gravy		Quorn Mince Pasta Bolognese served with Garlic Bread	Homemade Potato Cakes served with mixed Veg & Gravy
	Dessert	Fruit Yoghurt	Fresh Strawberries set in Strawberry Jelly	Summer Berries & Lemon Croissant Bake	Biscuit	Apricot & Honey Cheesecake
Afternoon Snack		Apple & Orange	Breadsticks Celery, Carrot Sticks and Garlic Dips	Melon & Plum	Cream Cracker Cheese Cubes & Grapes	Banana & Raisins
Tea		Assorted Sandwich chopped Salad	Fish Sticks & Spaghetti Hoops	Chicken Nuggets	Cheese Tomato Pizza & Wedges	Mini chicken Kier & Noodles
Dessert		Peaches & Ice Cream	Banana Whip	Rice Krispy Cakes	Rock Cakes	Fruit Cocktail & Natural Yoghurt